



The Humble Heart

Mark 1:17-18

"And Jesus said to them, 'Follow me, and I will make you fishers of men.' And immediately they left their nets and followed him."

John 21:22- *"Jesus said to him, 'If it is my will that he remains until I come, what is that to you? You follow me!'"*

Invitations from God by Adele Calhoun:

"Jesus first invitation was to follow him. It was also the last invitation Jesus gave. From the beginning of his ministry to the end, Jesus focused on what it means to follow. He modeled following. He taught following. And he looked everywhere for followers. Following is a huge deal to Jesus, because following builds character, sands away the ego, and shapes the heart."

"Following is meant to make my heart ONE with Jesus."

Invitation to a Journey by M. Robert Mulholland Jr.

"The process of being formed in the image of Christ takes place primarily at the points of our unlikeness to Christ's image. God is present to us in the most destructive aspects of our cultural captivity. God is involved with us in the most imprisoning bondage of our brokenness. God meets us in those places of our lives that are most alienated from God. God is there, in grace, offering us the forgiveness, the cleansing, the liberation, the healing we need to begin the journey toward our wholeness and fulfillment in Christ."

He goes on to say, *"Our cross is the point of our unlikeness to the image of Christ, where we must die to self in order to be raised by God into wholeness of life in the image of Christ right there at that point. So, the process of being formed in the image of Christ takes place at the points of our unlikeness to Christ."*

Discussion Questions Humility, Andrew Murray

Note, you do not need to rush through all of the questions below. Rather, thoughtfully consider a few and share what God is stirring in you based on your reading. After a time of open discussion, make sure to answer the LAST QUESTION and pray for one another as people respond.

Begin by sharing responses to a few of these questions:

- *How did you feel about reading the Humility Book? Did anything stand out to you?*
- *What's your understanding of the cause of pride?*
- *What best enables humility?*
- *Have you ever avoided anyone because of their pride? Talk about that.*

C.S. Lewis once said, *"To be humble is not to think less of ourselves, but to think of ourselves less."*

Andrew Murray writes, "True humility comes when, in the light of God, we have seen ourselves to be nothing, have consented to part with and cast away self – to let God be all. The soul that has done this can say, 'I have lost myself in finding You.' It is a soul that serves God and, for His sake, serves all."

- *Have you ever "lost yourself in finding Jesus"? Talk about what that was like.*
- *What would it take for you to adopt this thinking about your soul? What would your life look like (practically speaking)?*

Think about the times and circumstances in which you are most tempted to be prideful rather than humble or to take control rather than allowing God (or others) to work.

- What seems to cause this?
- What changes of belief, thought, or action might enable you to take the road of humility in these situations?
- Who do you know and admire for their humility? How do they show this quality?
- What impact might your humility have on (any of the following): your family, your marriage, your friends, your coworkers, your supervisors, your ministry team, your chapter/affiliate?

Consider Philippians 4:6-7

"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus."

- Which anxieties and fears do you find most difficult to give over to the control of Christ? How is pride connected to this? What is God's promise for those who do pray as Paul directs?

Consider 1 Peter 5:5

"You younger men, likewise, be subject to your elders; and all of you, clothe yourselves with humility toward one another, for 'GOD IS OPPOSED TO THE PROUD, BUT GIVES GRACE TO THE HUMBLE.'"

- Can you think of some ways you might "put on" the garments of humility? What ways might you be "subject to" and help those who lead you?

What is your most important next step with regard to humility? How will you get it done?

As group members share responses to this final question, pause the group discussion and pray for each person and their specific next step.