

**Purpose:** Finding purpose in life.

**Supplies:**

- MyLife Worksheet
- pencils/pens
- Bibles

**Total Time:** 40-50 minutes

### ACTIVITY

MyLife (15 minutes)

Have the teens fill out the “MyLife worksheet” saved under another file. Ask for a couple of teens to share the things they wrote with the rest of the group.

### LARGE GROUP

(10-12 minutes)

Watch the below video to introduce today’s topic.

Austrian Video - *What is your Purpose in Life* (5min) <http://www.youtube.com/watch?v=ap0o0pTGvgY>

Discussion Questions: *Listen carefully to the teen’s answers. You should be able to find out from their answers where they find the purpose/meaning to life; therefore, where they find their “truth” as well.*

- What do you think of the people’s responses to the question, “What is your purpose in life?”
- How do you think people come up with their purpose in life?
- Do you think these people will find true purpose, happiness, and satisfaction in these things?
- How do you think you find purpose to your life?

## SMALL GROUP

(10-20 minutes)

We are going to talk about God's way for understanding your purpose and direction for your life. It's not complicated...it's not rocket science...and you don't need to be a brain to understand it. If you and I follow God's advice, He promises us that we will be full of joy, contentment, and satisfaction. (Read any of these verses to support what you have shared: Proverbs 13:9, Nehemiah 8:10, Psalm 112:1-2, Galatians 5:22).

We have 2 thoughts to think on to help us understand our purpose to life.

1. Following God's overall plan for your life gives you purpose. Read Psalm 16: 8-9, 2 Corinthians 5:9 & 1 Corinthians 15:31.

**What do these verses mean? What are you seeing/hearing?**

When we make God our first priority and make it our goal to please Him in everything you do, it brings great joy and happiness to God and to our deepest parts.

2. Follow your dreams...figure out what gets you excited, what gets you jumping out of bed in the morning, what consumes your free time, etc. Read Psalm 37:4.

**What is this verse saying?**

When we are looking to God and making Him priority in our lives, God will give us our desires and dreams. That means He'll help you find out what will be your long term goals and dreams for your life.

## WRAP UP

In a world that is messed up, confusing, and hurtful, God promises to help us find a purpose in life that will give joy and satisfaction beyond words of understanding! Follow what God says in the Bible...be reading your Bible so you KNOW what God's advice is for you...Then follow your dreams. Remember Psalm 37:4 (read the verse). That's the meaning and purpose to a fulfilling life.

## CHALLENGE

Encourage the teens who want find their purpose in life through a relationship with Jesus Christ to read the book of Nehemiah. While reading it, have them think about this topic of "purpose in life." Also, encourage the teens to memorize Psalm 37:4.

## SALVATION VERSES

