

**Are You A Bully?**

# Have you ever picked on people who are smaller than you?

- Yes
- No

# Have you ever teased someone even if they asked you to stop?

- Yes
- No

# When you tease someone, do you like to see them get upset?

- Yes
- No

# Do you think it is funny when people make mistakes?

- Yes
- No

# Have you ever taken or destroyed someone else's belongings?

- Yes
- No

# Do you want other kids to think you are the toughest kid in school?

- Yes
- No

Have you ever gotten angry at  
someone and stayed angry for a long  
time?

- Yes
- No



Have you ever told anyone they can't  
be your friend if they don't do what  
you say?

- Yes
- No

Have you ever made fun of someone  
because of the way they looked?  
(clothes, hair, body)

- Yes
- No

# Have you ever been mean to someone who hurt you even if they apologized?

- Yes
- No

# When you play sports or games, do you always have to be the winner?

- Yes
- No

Have you ever called a classmate  
“stupid” if they failed an assignment or  
test?

- Yes
- No

# Add up your Yes and No answers

- 1 point for Yes
- 0 points for No

If you have even 1 point (most of you should) you have shown bully behavior.

Has Your Counselor Ever Been a  
Bully (as a kid)?



Note to you, the **SUPER COUNSELOR**:

Here you can talk about your experiences when you showed bully behavior as a kid. Come on, admit it, we have all shown bully behaviors! Tell them the story behind your actions.

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- Yes
- No

# Do you think it is funny when people make mistakes?

- Yes
- No

# Have you ever taken or destroyed someone else's belongings?

- Yes
- No

Do you want other kids to think you  
are the toughest or coolest kid in  
school?

- Yes
- No

Have you ever gotten angry at  
someone and stayed angry for a long  
time?

- Yes
- No



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Oh NO! Your counselor has been a  
BULLY!