COMMUNICATION (SMALL GROUP)

LESSON 3: Communication Activity

ACTIVITY/GAME:

Card Pieces - Helps build negotiation skills and empathy, which are key components of effective communication.

SUPPLIES:

Nine or more people

Envelopes

Playing cards cut into triangles (to make your pieces, cut the cards diagonally and then diagonally again)

How to play:

Separate groups of three or four people into at least three teams. Each team will receive an envelope of mixed cut up playing cards. The teams then have 8 to 10 minutes to barter and trade pieces in order to complete their cards. The team with the most completed cards wins.

This game works well because it helps people hone their negotiation skills to achieve the most successful outcomes. It also helps with accepting loss and figuring out what could have been improved to achieve the desired outcome.

After the game, talk to your teams about what worked or failed. Did they use empathy to see things from another person's perspective? This helps them tailor their communication more effectively. Were they actively listening to one another? Not everyone expresses themselves the same, so being able to adjust and understand another's communication style is key.

Have the group get back in their smaller groups. Give them each a copy of James 1:19

Answer the following questions:

What were different ways that you communicated through this activity?

Which method did you successfully use? Which method needs work?

Based on this activity, how would you define communication?

Give some examples of when you believe that you communicated well in the past week. How do you know that communication went well? What were some of the notable signs?

How does communication break down when frustration increases? Give some examples from this activity.

What does this verse say about communication? (James 1:19)

What is a lesson that you have learned about communication that you can put into practice this week?