

## Meet Ups 5-9 - Deep Dive into How we Pray

*To Begin:* Have all team members take the [Prayer Assessment](#) and discuss their responses. Together, read through the [Descriptions of Prayer](#). Assign team members a prayer style to research and lead team in during the coming weeks. Note, once each team member decides which prayer style they will present, (you may have a few duplicates—that's fine!) they get to design the 3Story® Team meeting. They can follow the pattern already established in Meet Ups 1-4 or they can go their own way. Encourage creativity and simply set time parameters.

During the following four 3Story® Team meetings, have each team member guide team through a practice of the style of prayer they've prepared.

Praying together will build community within your 3Story® Team as you dwell, intercede, and celebrate together. A great way to start is to use the prayer practice assessment to determine the places your team would like to start. Have everyone take the assessment based on their own personal prayer experience. If your team has been together for a while, you might have everyone take the assessment a second time thinking about the areas of strength and weakness of the team.

Once the assessments are done, ask the team to share their ratings and then make some observations as they listen to others share. Together decide which practices you want to start with first.

Our recommendation is that you assign every team member a particular kind of prayer to research and then come to a gathering prepared to lead based on what they learned. Do not make the mistake of just gaining information, actually practice what each kind of prayer. You may want to make each kind last over a specific period of time. For instance, September is discernment month, October is celebration month, November is warfare month. The point is to give space to practice each kind together and make some observations about how God is using your intentionality in the lives of the team members.

Prayer is work. It is actually the most important work. Don't try to cram it into meetings with other agendas. Do the work together and give people space to connect with the Father. The intimacy of prayer will draw your 3Story® team closer to Jesus and to each other.

*"Through prayer we can carry in our heart all human pain and sorrow, all conflicts and agonies, all torture and war, all hunger, loneliness, and misery, not because of some great psychological or emotional capacity, but because God's heart has become one with ours."- Henri Nouwen*