

Christ-Centered Leaders in 3Story® Teams: Foundations Prayer Practice

The Invitation:

While most of us pray every day, slowing down in quiet space to really listen can be a challenge. We want to get better at that. If each person, in each YFC chapter, is willing to enter this practice, we trust Jesus will lead us with His plan.

As we begin to consider an “upgrade” to 3Story® Teams, attentive, listening and discerning prayer is priority. Let’s start in this individual attentiveness prayer.

Get Ready:

Let’s get ready to listen to Jesus. Here are some simple guidelines.

- Schedule 3 separate spaces in the course of two weeks.
- Give yourself 30 to 60 minutes each time.
- Set aside a time and space free of distraction.
- Bring a pen and something write on.

During your prayer time:

Take a moment to notice how you enter this time. Are you stirred up? Exhausted? Distracted? Invite God, who sees and knows and deeply loves you, to join you with all that you bring. Pray something like...

Holy Spirit, please quiet my thoughts and body for a while and help me to listen. I give you all of myself.

Takes some slow, deep breaths.

*Jesus, would you bring to mind people in my relationship circles?
Remind me of grace-filled moments when we have noticed together that YOU are present.
Have I been hurried with people? How has that impacted the work you, Jesus, want to do?*

Sit quietly and listen.

Lord, would you bring to mind people with whom you want me to abide?

If names come to mind, hold them, and then offer a prayer from them.

Father, please lead me to deeper, abiding relationships with my family, colleagues and neighbors. Relationships where we look for YOU at work in one-another. Stir ideas in me and in my YFC family, that will help us form communities centered on You.

As you end your time, note any stirrings, personal or work related. Rather than acting right away, continue to pray for and about those stirrings.

After several rounds of this prayer practice, we encourage you to gather with staff and share what has stirred in each of you. Notice trends. Consider participating in this practice now, as a ministry group.