

# CLUB SERIES GUIDE

## FOCUS

Dear Campus Life Club Leader - Thank you so much for leading this Club with your students! Below you will find a few important notes and clarifications about what to expect as you move through this series. We also recommend you [review the standards and best practices for the Club RMA](#) found at YFC's Knowledge Base before starting Club.

## WHO IS THIS SERIES FOR?

The Focus series is meant for middle school students and is best used at the start of a spring semester. Each week will focus on the character arc of Lightning McQueen from the Cars movies alongside Zacchaeus' story from Luke 19.

Our hope is that students will begin to understand and move from a place of selfishness and being "me focused" to welcoming Christ to transform them and live with an "others focused" point of view. We also highly recommend having projection available for this series to show the provided clips from the Cars movies.

For other series that might replace Focus, you can find them on the National YFC website under [Campus Life Middle School Quarter 3 Curriculum \(January-March\)](#)

## FONT DOWNLOAD

To view the word documents, you will need to make sure you have the YFC Steelfish font downloaded! Get it here: <https://yf.cx/steelfish>. We've included PDF versions of the lessons as well!

## FEEDBACK

If you enjoyed this series and want to share some feedback, stories of how this impacted your ministry,

or have any questions/concerns, please contact us at [campuslife@yfc.net](mailto:campuslife@yfc.net).

# FOCUS

## Q3 FOCUS - 01 ME FOCUSED

### PLAYLIST

<https://open.spotify.com/user/campuslife1965>

### PURPOSE

This is the first week of the Focus series. Our hope for this series is for students to grow in how they view others as more important than themselves. For this Club, we want students to discern just how much they prioritize themselves over others.

### NOTE TO SITE DIRECTOR

For this Club series we would say that the Media is pretty important. If you don't normally show media, plan to bring in a projector or TV for this series. If it's just not possible, plan to creatively retell the videos to your students.

### MINISTRY LEADER EMPOWERMENT

As we launch into a New Year, set up appointments with each of your Ministry Leaders throughout this series. Take time to love them, care for them, listen to them and just be a friend.

### RMA CONNECTION

#### **SMALL GROUPS**

If you don't have any small groups up and running to kick off the new year, now is the time to get to work! Check in with any leaders interested in working alongside you and go after a few students and encourage them to invite friends. We have lots of great small group curriculum options on the [National YFC website](#).

# PREP

## *SUPPLIES NEEDED:*

- Sound System & Projection for Media
- Prizes for winners of the Best Game

# WELCOME

Welcome back to Campus Life Club! This week is going to be awesome...in fact, this year is just going to be flat out BETTER! Speaking of better...I have a list of things and I want to see if you are better at than anyone else, so I'm going to need some volunteers to come up front.

# CROWDBREAKER

## **THE BEST GAME**

***DIRECTIONS:*** Bring a few students to the front of the room and choose something from the list below (or make up your own) that they must perform in front of the group. Have a couple leaders off to the side and they will judge which student performed better. Give all students who try an applause and you can give the "better" student a prize. Students can only participate once in the game so that everyone gets a chance.

"Better" Ideas: better whistler, better break dancer, better Cookie Monster impression, better belch, better at walking on hands, better impression of their Campus Life Director (or small group leader), etc.

[\*VIEW OTHER SOCIALLY DISTANT GROUP GAME IDEAS HERE\*](#)

# SMALL GROUP GAMES

[\*VIEW SMALL GROUP GAME & ACTIVITY IDEAS HERE\*](#)

If you are working with smaller groups, we recommend playing **DEFYING GRAVITY** and **DOLLAR JUMP** for this Club. You can access supplies needed and gameplay instructions by utilizing the link above.

# VIRTUAL GAMES

[\*VIEW VIRTUAL GAME IDEAS HERE\*](#)

If you are working with students in a virtual setting, we recommend playing **BEST GAME** and **THE COUNT** for this Club. You can access supplies needed and gameplay instructions by utilizing the link above.

# TRANSITION

Alright, alright, alright - if there's anything I love better than a great game, it's a great movie. And today we are watching the opening scene of one of the greatest animated movies ever made (in my opinion). So, sit back, relax and enjoy this motion picture.

## MEDIA

### Q3 FOCUS - 01 OPENING RACE

## DISCUSSION

### SMALL GROUP DISCUSSION QUESTIONS

- 1) Who has seen that movie? How would you rank it among other Pixar movies?
- 2) What are some things you noticed about Lightning McQueen in this clip?
- 3) He definitely wasn't the nicest to the people who worked for him, how would you feel being one of his pit crew? Can you think of a time you were treated like you weren't that important?
- 4) Have *you* ever treated somebody like *they* weren't that important?
- 5) Let's brainstorm together - what are some ways in your life you make yourself more important than others around you (think about life at home and at school)
  - a. Examples: talking back to parents, whispering to friend while teacher is teaching, being disruptive in class, making a mess at lunch and not cleaning up, trying to top your friends' stories with one of your own, not picking up your room or doing your chores diligently

## WRAP UP

*Have a leader tell a story of a time in their life when they were really "Me Focused" and how they may have hurt someone through it. This will be a 3-part story throughout this series, so make sure they don't jump too far ahead and look ahead at future Clubs to know how the story will continue and conclude.*

For those of you who might be newer to Campus Life, we leaders all have one major thing in common - we love Jesus. And we love making Campus Life a safe place to talk about him, ask questions and figure life out together. One of the places that helps me answer questions is the Bible. And the Bible tells a story about a man who maybe looked a lot like Lightning McQueen. I mean...he wasn't shiny and red. And he wasn't a car. But he acted like Lightning!

His name was Zacchaeus. We don't know a whole lot about him, but he was a tax collector. Basically, he loved to increase the people's taxes and take their money away. He was well known across his hometown as a thief

who would charge people extra taxes. And when he had to give the government the money, he would give them the amount they knew was coming and he would keep the extra that he stole from people. Not exactly someone you would want to be around, right?

Lightning and Zacchaeus have this in common – they were not liked by a lot of people because they were both Me Focused. That means they put themselves before other people and could not care less about what others thought of them. Now, you really shouldn't care what people think of you (like how people might judge your outward appearance). But when it comes to your character – who you are as a person – we should all be striving to not be focused on ourselves and lift ourselves up above others.

There's a phrase in the Bible that says, "the first will be last and the last will be first" (Matthew 20:16). That can sound kind of confusing, but what it is simply saying is that if you think of yourself than better than others, you really aren't that great at all. Jesus taught this to his followers, and he didn't just use words – he proved it through his actions. There was one time where he even washed the feet of his closest friends *(you can choose to retell the washing of the disciples' feet from John 13 in your own words if you have time here)*. So, if you are humble and put yourself after others, that is truly being BETTER.

## RESPONSE

We'll spend more time next week looking at both Lightning & Zacchaeus' stories, so make sure to get back to Club and invite some new friends to come along too!

## ANNOUNCEMENTS

SITE DIRECTOR - list any announcements here that you need to communicate to your group before Club concludes!

## HEAD'S UP

### **NEXT WEEK** | FOCUSED: THE CHANGE

Was there ever a time in your life when you were focused on yourself, but something happened and caused a change? Come ready to share that experience with the students.

### **2 WEEKS** | FOCUSED: OTHERS FOCUSED

How do you regularly practice putting others ahead of yourself? Come ready to share your tips and tidbits with the students as we all work to lower ourselves.

# FOCUS

## Q3 FOCUS - 02 THE CHANGE

### PLAYLIST

<https://open.spotify.com/user/campuslife1965>

### PURPOSE

This is the second week of the Focus series. Our hope for this series is for students to grow in how they view others as more important than themselves. For this Club, we want students to move towards changing our innate habit of putting ourselves first.

### NOTE TO SITE DIRECTOR

For this Club series we would say that the Media is pretty important. If you don't normally show media, plan to bring in a projector or TV for this series. If it's just not possible, plan to creatively retell the videos to your students.

### MINISTRY LEADER EMPOWERMENT

As we launch into a New Year, set up appointments with each of your Ministry Leaders throughout this series. Take time to love them, care for them, listen to them and just be a friend.

### RMA CONNECTION

#### **SMALL GROUPS**

If you don't have any small groups up and running to kick off the new year, now is the time to get to work! Check in with any leaders interested in working alongside you and go after a few students and encourage them to invite friends. We have lots of great small group curriculum options on the [National YFC website](#).

# PREP

## *SUPPLIES NEEDED:*

- Sound System & Projection for Media
- Slips of paper with dares on them
- Hat or bowl/bucket
- Ribbon
- Dare items

# WELCOME

Hey everybody! What is up and welcome back to Campus Life Club! I can't tell you just how happy I am to be here - this really is the highlight of my week. Hey, if you're new here, we love having fun and doing some crazy things at Campus Life, so we're going to get started with some dancing and a few dares - nothing embarrassing, I promise! Can I get some volunteers to come up front!

# CROWDBREAKER

## **DANCE OR DARE**

*SUPPLIES NEEDED:* Slips of paper with dares on them, hat or bowl/bucket, ribbon, dare items

*DIRECTIONS:* Bring up a few students to compete. Each student will draw a slip of paper out of a hat that will either be a type of dance or a type of dare. They must complete the challenge in order to win a prize (note: keep dares fun and not embarrassing). Play fun music that goes along with the dances (see ideas below)

### **DANCES:**

- *Do the worm (play "Can't Touch This" by MC Hammer)*
- *Do a ribbon dance (play "We Belong" by Pat Benatar)*
- *Do your best dad dancing (play "Never Gonna Give You Up" by Rick Astley)*

### **DARES:**

- *Throw a toddler tantrum (Leader - tell them something to queue their tantrum...like, "You are in for it, Mister! You do not get any ice cream after dinner tonight")*
- *Eat pudding out of a diaper (this one is just a classic...add oatmeal or corn for some ruffage)*
- *Sing Let It Go - accapella -in front of everyone. It's even funnier if you have them eat crackers while doing it.*

[VIEW OTHER SOCIALLY DISTANT GROUP GAME IDEAS HERE](#)



# SMALL GROUP GAMES

[VIEW SMALL GROUP GAME & ACTIVITY IDEAS HERE](#)

If you are working with smaller groups, we recommend playing **HEAD SHOULDERS, KNEES & CUP** and **IN COMMON** for this Club. You can access supplies needed and gameplay instructions by utilizing the link above.

# VIRTUAL GAMES

[VIEW VIRTUAL GAME IDEAS HERE](#)

If you are working with students in a virtual setting, we recommend playing **FREEZE DANCE** and **ROCK, PAPER, SCISSORS** for this Club. You can access supplies needed and gameplay instructions by utilizing the link above.

# TRANSITION

I told you last week we're going to continue the story of Lightning McQueen. We watched the opening race from the first Cars Movie last week and now we're watching the final race. Let me fill in the gaps. Lightning got lost on route 66 and found himself in a Podunk town called Radiator Springs. After ruining their road and being sentenced to fix it, he spent most of his time complaining and trying to escape. It wasn't until he started to make friends with the people of the town and see things from their perspective that his attitude was impacted. Let's see how those relationships affected the way he raced.

# MEDIA

**Q3 FOCUS - 02 PISTON CUP**

# DISCUSSION

## **SMALL GROUP DISCUSSION QUESTIONS**

- 1) Would you rather be in a NASCAR race like this, a race on foot or a hot air balloon race. Defend your answer.
- 2) What stood out to you in the scene we just watched? What did you notice about Lightning McQueen that was different than earlier in the movie?
- 3) Why do you think this change is happening in him?
- 4) Have you ever been motivated to change the way you were acting towards others? Can you share a story or tell us what was going on and why the sudden change?

## GOING DEEPER

- 1) What impact has Jesus played on changing you? Have you seen him impact anything specific?

## WRAP UP

*Have your leader from last week continue their story and talk about the moment they experienced a change in how they were treating others and why they weren't as important as they first thought. They will come back next week to talk one more time on how they continue to put into practice keeping others first.*

So last week we saw Lightning McQueen – NASCAR Superstar – and he was a real...well...jerk. But clearly there has been this change in him. I mean, before, there is no way he would have ever stopped before that finish line.

We also talked last week about this guy Zacchaeus. Just to remind you, he was a tax collector, but a better word for him was thief. He stole people's money and was hated by most. They knew he was taking extra, but since he worked for the government, there was nothing they could do about it. But there was this one day while Zacchaeus was probably counting up his coins and gawking at his riches, that he saw a crowd gathering. He found out that there was a man named Jesus that everyone was trying to get a look at. Now Zacchaeus most likely had heard stories about Jesus. Jesus was pretty popular in his day because people knew that he could heal someone with a single word or even a hand motion. Jesus was an extraordinary sight that all wanted to see. The only problem for Zacchaeus was that he was known not only for being a thief, but also for his height. He was a wee little man. And as Jesus was going by, Zacchaeus couldn't quite see over the crowd of people. So, he climbed into a tree to see, and Jesus noticed him.

Jesus told him to climb down and did something awesome. Jesus said, "Zacchaeus, I'm coming to your house for dinner." Now I know y'all have invited yourself to somebody's house before. And if anyone has ever told you that was wrong, just let them know that Jesus did the same thing, so it can't be wrong! *(Leader, this is a joke – but as long as your motives are pure then we're good)*

Lightning and Zacchaeus were both selfish, me-focused people. And we saw this change happen in Lightning when he started getting close with others. For Zacchaeus, when he met Jesus, something in him changed. He knew in his heart and in his mind that he could be a better person. Come back next week and we'll tell you just how much this relationship impacted Zacchaeus.

## RESPONSE

Come back next week and we'll tell you just how much this relationship impacted Zacchaeus.

# ANNOUNCEMENTS

SITE DIRECTOR - list any announcements here that you need to communicate to your group before Club concludes!

## HEAD'S UP

### **NEXT WEEK** | FOCUSED: OTHERS FOCUSED

How do you regularly practice putting others ahead of yourself? Come ready to share your tips and tidbits with the students as we all work to lower ourselves.

### **2 WEEKS** | BETTER CHOICES

We are jumping into a very serious Club series focused on the negative choices we make and how we are being called to make better choices.

# FOCUS

## Q3 FOCUS - 03 OTHERS FOCUSED

### PLAYLIST

<https://open.spotify.com/user/campuslife1965>

### PURPOSE

This is the final week of the Focus series. The purpose of this Club is to help students understand that when our lives are changed by Jesus it becomes much easier to focus on other people over ourselves.

### NOTE TO SITE DIRECTOR

For this Club series we would say that the Media is pretty important. If you don't normally show media, plan to bring in a projector or TV for this series. If it's just not possible, plan to creatively retell the videos to your students.

### MINISTRY LEADER EMPOWERMENT

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### RMA CONNECTION

#### **SMALL GROUPS**

If you don't have any small groups up and running to kick off the new year, now is the time to get to work! Check in with any leaders interested in working alongside you and go after a few students and encourage them to invite friends. We have lots of great small group curriculum options on the [National YFC website](#).

# PREP

## *SUPPLIES NEEDED:*

- Sound System & Projection for Media
- Charade clues (on paper or projected)

# WELCOME

Hey everybody! Before we grab seats and get started, I would like you to find someone who you have never met and introduce yourself. If you already know everybody, go tell somebody a random fact about yourself. Ready. Set. Go!

# CROWDBREAKER

## **REVERSE CHARADES**

*SUPPLIES NEEDED:* charade clues either written on big pieces of paper or projected

*DIRECTIONS:* Bring two students up front and divide the room in half. All of the students in the crowd are working to get their representative to guess the clue. Write clues on big sheets of paper or PowerPoint so they are visible to the entire crowd. Show them to the audience but not the representatives. On "go" the entire crowd will start acting out the clue (charades style—without talking). The first representative to guess correctly earns a point for their team! Bring up a new representative and show a new clue.

[VIEW OTHER SOCIALLY DISTANT GROUP GAME IDEAS HERE](#)

# SMALL GROUP GAMES

[VIEW SMALL GROUP GAME & ACTIVITY IDEAS HERE](#)

If you are working with smaller groups, we recommend playing **LEADING THE BLIND** and **PYSCHIATRIST** for this Club. You can access supplies needed and gameplay instructions by utilizing the link above.

# VIRTUAL GAMES

[VIEW VIRTUAL GAME IDEAS HERE](#)

If you are working with students in a virtual setting, we recommend playing **LOOK DOWN LOOK UP** and **FOLLOW THE LEADER** for this Club. You can access supplies needed and gameplay instructions by utilizing the link above.

# TRANSITION

Alright! Well we've had an awesome time watching Lightning McQueen transform over the last few weeks. If you've missed any Clubs, we watched some scenes from the first Cars movie that showed how obsessed Lightning was with himself but then something changed, and he started to think about others. Today, we'll see just how much that moment of change impacted him as he got older and not as good at racing.

## MEDIA

**Q3 FOCUS - 03 CRUZ RAMIREZ**

## DISCUSSION

### **SMALL GROUP DISCUSSION QUESTIONS**

- 1) If you could own any type of car what would it be?
- 2) How many of you have seen all 3 Cars movies? Which one is your favorite and why?
- 3) What did you see in these scenes that made you think about being Others Focused over Me Focused?
- 4) Is there anyone in your life like Lightning who has cheered you on and encouraged you when you needed it? Who? How have they had your back and lifted you up?
- 5) Have you been that type of encouraging person to anyone? Tell us how.

### **GOING DEEPER**

- 1) Who is someone in your life that could use your encouragement right now? How can you help them today or this week?

## WRAP UP

So, we've been talking about this guy Zacchaeus and how much he and Lightning McQueen are alike. At first, both were really selfish and me-focused. Lightning didn't care about his pit crew but called himself a "One Man Show." Zacchaeus was a tax collector who stole money from people and even skimmed it off the top from his government. People couldn't stand him. But then something changed.

Just like Lightning was impacted by others in his life, Zacchaeus met Jesus and instantly his spirits were lifted. While at Zacchaeus' house having dinner, there must have been some great conversation that happened between him and Jesus, and I'm sure Z-man was learning a ton and clinging onto every word that Jesus was saying. Well, all of the sudden Zacchaeus just says, "I'm going to give away half of the money I have! But more than that I'm going to pay people 4 times as much as I've stolen from them to make up for stealing from them"

(Luke 19:8). Just like Lightning took himself out of the race to focus on Cruz, Zacchaeus started focusing on others too.

In life, it's really easy to focus on ourselves. But if we allow Jesus to change us, we don't have to be selfish. The Bible tells us that we need to have the same attitude that Jesus had (Philippians 2:5). I know that sounds like really big shoes to fill, but with Jesus anything is possible. If you actually work towards changing - Jesus will work in you. Ideas of this would be spending time talking more with your leader outside of Club time, going to church and learning and diving into the Bible and looking at Jesus' life. These things will all help you know what it means to have the same attitude as Jesus.

You see, Jesus wasn't just nice. He didn't just care about people. He loved others so much that he was willing to die for them. In fact, the Bible says that the greatest way to show love for someone is to put your life on the line for them (John 15:13). Think about that - like soldiers who fight for us or someone who steps in front of a moving vehicle to save you - that means that they truly love you without any doubt at all.

So, be like Lightning McQueen and Zacchaeus and be willing to change your focus from self to others. But, mostly, be like Jesus and love others so much that you are willing to put their needs always ahead of yours. To find out more about what that can look like in your life, I invite you to text your leader this week and maybe even your entire group can hang out together and talk more about all of this.

## RESPONSE

Text your leader and consider getting together outside of Club time and even having your whole group get together.

## ANNOUNCEMENTS

SITE DIRECTOR - list any announcements here that you need to communicate to your group before Club concludes!

## HEAD'S UP

### **NEXT WEEK** | BETTER CHOICES

We are jumping into a very serious series focused on negative choices we make and how we are called to make better choices. Come ready to discuss Pornography.

### **2 WEEKS** | BETTER CHOICES

We are jumping into a very serious series focused on negative choices we make and how we are called to make better choices.