

# CLUB SERIES GUIDE

## BETTER CHOICES

Dear Campus Life Club Leader - Thank you so much for leading this Club with your students! Below you will find a few important notes and clarifications about what to expect as you move through this series. We also recommend you [review the standards and best practices for the Club RMA](#) found at YFC's Knowledge Base before starting Club.

### WHO IS THIS GROUP FOR?

The Better Choices series is a series diving into a variety of choices that middle school students are making or will make. It's important to note that some parents, leaders or even you, may think that some of these topics are too mature for middle school students. But we recommend addressing these topics at the middle school level before they are in a position to make these choices instead of just at the high school level where they have already made the choices. Because some parents feel like these topics are too mature, we would encourage you to communicate to the parents in your community and tell them the topics that you are covering this series. Please see enclosed in the Curriculum folder a Parent Letter Sample with conversations they can have at home.

It is important to know the crowd that you have so we have built this series like a menu so you can pick and choose which topics you think are most beneficial and influential in your students' lives. We trust you to format your calendar year and know your context best. You can pick a few or all of these topics.

#### TOPICS:

- Pornography
- Relationships
- Screen Time
- Substance Abuse
- Self-Harm, Bullying, Eating Disorders
- Healthy Coping

Great resources to check out for yourself and your leaders:

1. *The Green Room Podcast Episode 9 "Is Porn Really That Bad" with Jamie Ivey*
2. *The Happy Hour Podcast Episode 340 with Tracy Foster*
3. *Global Youth Culture US Report 2021* <https://onehope.net/wp-content/uploads/2020/09/US-GYC-Report-3.pdf>

## FONT DOWNLOAD

To view the word documents, you will need to make sure you have the YFC Steelfish font downloaded! Get it here: <https://yf.cx/steelfish>. We've included PDF versions of the lessons as well!

## FEEDBACK

If you enjoyed this series and want to share some feedback, stories of how this impacted your ministry, or have any questions/concerns, please contact us at [campuslife@yfc.net](mailto:campuslife@yfc.net).