

## A Headline that is extra long can go on two lines

## Headings can be Avenir Next Demi Bold in Red, Black or Gray - 12 pt

The body text should be 9 or 10 pt. in Avenir Next Regular. Any smaller is hard to read and any larger looks unprofessional and too loud to the reader. The quick, brown fox jumps over a lazy dog. DJs flock by when MTV ax quiz prog. Junk MTV quiz graced by fox whelps. Bawds jog, flick quartz, vex nymphs. Waltz, bad nymph, for quick jigs vex! Fox nymphs grab quick-jived waltz.

## Subheads in Demi Bold 10 pt

- List Item 1
- List Item 2
- List Item 3
- List Item 4

"Scripture and Quotes that are embedded within a paragraph can be Avenir Next Regular" - Reference

"Any inspiring pull quotes or scripture that is meant to be highlighted can be centered,

Avenir Next Italics in the body font size or up to 12 point."

"Alternately, Any inspiring pull quotes or scripture that is meant to be highlighted can be centered, Avenir Next Bold in the body font size or up to 12 point." - Reference

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Department or Youth For Christ Page Number